

For Immediate Release

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Girls on the Run of NOVA Announces New Board Member

(FAIRFAX, VA) Girls on the Run of NOVA (GOTR NOVA) announced that it appointed Cassie Wilmouth to its board of directors effective immediately.

"We are excited to have Cassie join the Board given her strong connections serving on Cigna's internal GOTR NOVA committee. Having previously volunteered as a GOTR coach, we know Cassie will help us continue to strengthen the organization," said Rob Hargreaves, GOTR NOVA's Board President.

Cassie Wilmouth is a Senior Client Manager at Cigna. She holds a bachelor degree in Business Administration and Management from Arizona State University.

"I have a true passion for helping girls see the best in themselves and being a positive voice in their lives. GOTR NOVA sparks that passion toward raising up the next generation of well-rounded female leaders who will someday influence the generation being raised up behind them, as well. I look forward to being a part of this amazing organization in this new capacity," said Cassie.

Girls on the Run of NOVA is returning to its all in-person, 10-week program for girls in grades 3 through 8, concluding with a large end-of-season 5K celebratory event. The organization returns with the message to every girl and their family that GOTR NOVA is here and remains steadfast in providing a transformational program.

About Girls on the Run of NOVA

Girls on the Run of NOVA is a 501c3 nonprofit and one of the largest independent affiliates of Girls on the Run International, offering the Girls on the Run program for girls in elementary school and Heart & Sole for girls in middle school. GOTR NOVA programming is delivered over a 10-week season by trained volunteer coaches who guide and mentor girls through a rich curriculum.

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We envision a world where every girl knows she has the ultimate power to be her best.

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