



# Fall 2016

## Girls on the Run and Heart & Sole Teams

The following schools are confirmed Girls on the Run or Heart & Sole sites for the Fall 2016 season. If your school is not listed and you would like to start a program at your school, please contact Christine Denny at [cdenny@gotrnova.org](mailto:cdenny@gotrnova.org).

Please note that practice days and times listed below are subject to change.

Alexandria City	
Burgundy Farm	Tu/F
Campagna Kids – George Mason	Tu/Th 3:45-5:00pm
Campagna Center – Samuel Tucker	Tu/Th 4:00-5:30pm
Douglas MacArthur	M/W 2:45-3:45pm
James K. Polk	Tu/Th 2:45-3:45pm
Lyles-Crouch	Tu/Th

Arlington County	
Arlington Science	Tu/Th 7:30-8:30am
Barcroft	M/W
Discovery AM (Arlington)	Tu/F 7:45-8:45am
Discovery PM (Arlington)	Tu/F 3:45-5:00pm
Drew Model	T/Th 7:30-8:45am
Francis Scott Key	Tu/Th 3:45-5:00pm
Jamestown	Tu/Th 7:45-8:45am
Nottingham	M/W 7:45-8:45am
Long Branch	Times/Days TBD
Oakridge	Tu/Th 3:40-4:40pm
Taylor AM	Times/Days TBD
Taylor PM	Tu/Th 3:40-4:50pm
Tuckahoe	M/W 3:50-4:50pm
Williamsburg H&S	Tu/Th 2:30-3:50pm

Fairfax County	
Armstrong	M/Th 4:00-5:00pm
Belle View	W/F
Bonnie Brae	M/W 3:30-4:30pm
Brookfield	M/W
Bull Run	Tu/Th 4:10-5:15pm
Buzz Aldrin	W/F 8:10-9:10am
Camelot	Times/Days TBD
Canterbury Woods	Times/Days TBD

**Girls on the Run of Northern Virginia**  
 10560 Main St. Suite 514 Fairfax, VA 22030  
 703.273.3153  
[www.gotrnova.org](http://www.gotrnova.org)  
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Fairfax County (cont.)	
Cardinal Forest	Tu/Th 7:40-8:40am
Chesterbrook	Times/Days TBD
Columbia	Tu/Th 4:00-5:15pm
Creskide Community Center – United Community Ministries	M/F 4:30-5:30pm
Cunningham Park	T/W 3:30-4:30pm
Daniel’s Run	Tu/Th 4:00-5:00pm
Dogwood	Times/Days TBD
Flint Hill	Tu/Th 7:30-8:30am
Floris	M/W 8:00-9:00am
Forest Edge	Tu/Th
Fox Mill	Tu/Th 3:40-4:50pm
Franklin Sherman	Tu/Th 4:15-5:15pm
Great Falls	Tu/Th 7:40-8:40am
Greenbriar East	Tu/Th 7:45-9:00am
Haycock	M/W 4:10-5:10pm
Hayfield	Tu/Th 3:30-4:30pm
Hybla Valley	M/W 4:15-5:30pm
Jewish Community Center of NOVA	W/Th 5:30-6:30pm
Kent Gardens - GOTR	Tu/Th 3:45-4:45pm
Kent Gardens – H&S	Tu/Th 3:45-4:45
Langley	Tu/Th
Laurel Hill	Times/Days TBD
Lemon Road	Tu/Th 3:10-4:10pm
Little Run	Times/Days TBD
Lorton Station	M/W 4:15-5:15pm
Louise Archer	Tu/Th 4:15-5:15pm
Lutie Lewis Coates	Tu/Th 4:15-5:15pm
Navy	Tu/Th 3:30-4:30pm
Oakton	T/Th 7:50-9:00am
Oak View	Tu/Th 3:30-4:30pm
Orange Hunt	Tu/Th
Poplar Tree	Tu/Th

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Fairfax County (cont.)	
Potomac School	Times/Days TBD
Providence	Times/Days TBD
Riverside	Times/Days TBD
Saratoga	Times/Days TBD
Shreveewood	Tu/Th
Silverbrook	Tu/Th 3:40-4:40pm
St. Louis Catholic - GOTR	Times/Days TBD
St. Louis Catholic - H&S	Times/Days TBD
St. Veronica Catholic - GOTR	Tu/Th 3:15-4:15pm
St. Veronica Catholic - H&S	Tu/Th 3:15-4:15pm
Stratford Landing	M/W
Terra Centre	Times/Days TBD
Timber Lane	M/W 3:30-4:30pm
Wakefield Forest - GOTR	Tu/Th 7:00-8:15am
Waples Mill - GOTR	M/W 8:00-9:00am
Waples Mill - H&S	Tu/Th 8:00-9:00am
Westbriar	M/W 8:00-9:00am
Westgate	Tu/Th 3:30-4:30pm

Falls Church City	
Thomas Jefferson	Tu/Th 7:30-8:30am

Loudoun County	
Arcola	W/F 2:45-4:00pm
Buffalo Trail	Tu/F 2:45-4:00pm
Catoctin	M/W 2:45-3:45pm
Countryside	M/W 2:45-3:45pm
Farmwell Station	Tu/Th 7:10-8:10am
Frederick Douglass	M/W 2:35-4:00pm
Liberty	Times/Days TBD
Lowes Island	Times/Days TBD
Pinebrook	Times/Days TBD

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Loudoun County (cont.)	
Potowmack	<i>Times/Days TBD</i>
Rolling Ridge	<i>M/W 2:45-3:45pm</i>
Rosa Lee Carter	<i>M/W</i>
St. Theresa	<i>Times/Days TBD</i>
Sycolin Creek	<i>Th/F 2:45-4:00pm</i>
Manassas City	
Mayfield Intermediate	<i>M/W 2:45-3:45pm</i>
Manassas Park	
Manassas Park	<i>Tu/Th 3:30-5:00pm</i>
Prince William County	
Cedar Point	<i>Tu/Th 3:45-5:00pm</i>
Chris Yung	<i>Times/Days TBD</i>
Glenkirk	<i>Tu/Th 4:00-5:00pm</i>
Marumscos Hills	<i>M/W 3:45-5:00pm</i>
Montclair	<i>Tu/Th 3:50-5:15pm</i>
Old Bridge	<i>Times/Days TBD</i>
Potomac View	<i>Times/Days TBD</i>
Prince William Academy	<i>M/W 4:00-5:30pm</i>
Rosa Parks	<i>M/W 3:50-4:50pm</i>
Signal Hill	<i>W/F 8:05-9:05am</i>
Sinclair	<i>M/Th 3:00-4:00pm</i>
Thurgood Marshall	<i>Times/Days TBD</i>

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