

# 2015 #Alumni Spotlight



**“It is a fun way to make friends...”**



## Ella Alliston

**During which year(s) did you participate in Girls on the Run of Northern Virginia?**

2009-2010

**At what school?**

Jamestown Elementary School

**What are you proud to do #LikeAGirl?**

Run like a girl!

**Strong girls...**

don't let anything stop them from achieving their goals.

### **Do you know Ella?**

She was the youngest female runner at this year's Marine Corps Marathon - and she's a Girls on the Run alumni! Check out her alumni story below.

.....

**Describe Girls on the Run to someone who is unfamiliar with the program.**

It is a way to make friends and learn skills while running and having fun.

**Are you still friends with any of your teammates from GOTR NOVA?**

Yes

**Do you still run today?**

Yes, I completed the Marine Corps Marathon this year at age 14.

**What is the one thing you want our current girls to get out of the program?**

The enjoyment of running and the stress reliever it can be.

**What was your most memorable moment with GOTR?**

Finishing my first 5K!

**Share a time in your life when you leaned on your Girls on the Run experience.**

Continuing to run after because I knew I already accomplished it before.

**Psstt..** Are you a girl who's still 'on the run' after all these years? Submit your alumni story to us at [cdenny@gotrnova.org](mailto:cdenny@gotrnova.org)!